

















TRANSVARAITA BIKE powered by Conway

Competition Rules

Art. 1 – Type of Event

TRANS VARAITA BIKE is a 4 days Mountain Bike Enduro competition organised by ASD TRANS VARAITA. The race format is "Rally-Enduro" with transfers and special stages, mainly downhill. At the end of each day the ranking will be updated.

Art. 2 – Dates and race locations

24th August: Brossasco 25th August: Pontechianale 26th August: Sampeyre 27th August: Bellino

Art. 3 – Conditions of participation

Trans Varaita Bike is open to registered and non-registered adult athletes. Non-registered athletes (foreign or Italian) must buy insurance for € 40.00 at the time of sign up. Then they will send the copy of the competitive medical certificate for MTB sporting practice with a copy of an identity document to info@transvaraitabike.com.

All types of muscle bicycles 26, 27.5, 27.5 plus, 29 and fatbike are admitted to the competition. E-BIKES are excluded.

The competitor acknowledges:

that despite the commitment of the organisation to guarantee to the participants the maximum safety reasonably possible, there are still residual risks (also called "sporting risks") that cannot be eliminated as they are intrinsic to the discipline of Mountain Bike itself;

































- to be aware that many other people will participate in the event, whose level of cycling skill and technique is unknown, and that therefore there could be crowded situations on the trails that could increase the risk of accidents and collisions between participants;
- that they have chosen to participate in the event on their own initiative and under their own personal responsibility, aware that as in any sporting event there could be risks of injury or accident:
- to take full responsibility for the so-called "sporting risk", making this decision with conscience and reasoning. The rider is considered the only responsible for riding the Mountain Bike in the context of the event in question, both during the event and within the territory, obviously considering that this responsibility applies both to himself and others riders.

Each competitor must be completely self-sufficient and cannot receive external assistance for the duration of the race. An approach to competition suited to one's technical abilities and athletic preparation is recommended. It is highly recommended that each rider has their own insurance to cover any eventuality.

By completing the registration, all competitors fully accept these regulations and accept the contents of the attachments.

Art. 4 – Registration and refund policy

Registration must be done online on the website www.transvaraitabike.com by completing the appropriate form in its entirety and using the payment tools provided. For athletes not in possession of the FCI / UCI bike card (with insurance) membership, the purchase of the additional service for the insurance card is mandatory.

In case of cancellation of the event for reasons not related to the Organisation, it will be care of the same to proceed with a partial refund of the registration fee:

- Cancellation by 30th June 2023: refund of 90%;
- Cancellation from 01st July 2023: the organisation reserves the right to decide the reimbursement fee based on the expenses already incurred.

































Once the payment is concluded, if a rider cannot participate in the event for personal reasons (e.g. accidents) the refund policy is the following:

- if the communication is given to the organisation within 30th April 2023, a refund of 90% will be provided;
- if the notification of inability to participate is made within 30th June 2023 a refund of 50% will be provided;
- From 1st July no refund will be possible.

REGISTRATION IS PERSONAL AND DEFINITIVE, BIB EXCHANGES AND/OR NAME REPLACEMENTS ARE NOT ALLOWED.

REGISTRATION INVOLVES THE ACCEPTANCE OF THIS REGULATION AND THE NOTICES RELATING TO SAFETY PUBLISHED ON THE SITE OR COMMUNICATED DURING THE BRIEFING BEFORE DEPARTURE.

Art. 5 – Entry fee

The ASD Trans Varaita is a non-profit Amateur Sports Association; the registration fee to be paid by the athletes must be considered as individual contributions from the competitors to cover organisational costs.

The registration fees for the year 2023 is:

- 400 €

The fee includes: one or more meal per day (welcome breakfast and dinner on the first day, lunch and happy hour of the second day and the lunch for the remaining days), insurance, timing chip, medical assistance in case of an accident, race pack and food stations along the transfer between the PS.

Places available: 85

































Registrations will close on Sunday 30th July 2023

Art. 6 – Sign in and pack collection

Each bib will be delivered individually to each competitor upon presentation of:

- Registration voucher received by email;
- Identification document;
- Copy of valid medical certificate (in case of purchase of additional insurance service);
- FCI / UCI card;
- € 50.00 for the timing chip deposit;

The bib must always be visible for the entire duration of the race. Sponsors must not be modified or hidden.

<u>Race numbers:</u> the assignment of race numbers will be done following the order in which the entries are received, numbers will be reassigned after the prologue.

Art. 7 – Mandatory equipment

All types of muscle bicycles 26, 27.5, 27.5 plus, 29, fatbikes are admitted to the competition. **E-BIKES are excluded.**

Clothes and luggage

Technical mountain bike clothing for a 4 day race. It must include warm clothing suitable
for cold, rain and wind. Keep in mind that the climatic conditions will be those of the high
mountains. During the race we recommend a windproof jacket and a raincoat with a water
column of at least 2000 mm and a spare long-sleeved technical shirt;

































A basic toolkit to repair basic faults during the race. Each day, the riders will be able to stop in the paddock area where technical assistance will be available to repair any faults, but these can also occur during the stage.

During the race (required)

During the race, a TECHNICAL CHECK will be carried out on the riders' material and everyone must have:

- Full face helmet, knee pads and back protector (integrated in the backpack is allowed);
- Long gloves;
- Backpack or a hip pack with a water bag or a bottle with at least 1 lt capacity;
- Sunglasses / mask;
- 2 energy bars and 1 energy gel for each day;
- Whistle:
- Thermal blanket:
- Windstopper and waterproof jacket;
- Long-sleeved thermal technical shirt;
- Spare parts for bikes: 2 air chambers of your wheels size, pump or CO2 cans and 1 gear derailleur suitable for your bike model;
- Multitool;
- GPS with race tracks uploaded.

For the stages of Pontechianale and Bellino a second thermal layer is mandatory both at the top and at the bottom.

Recommended (not mandatory): small first aid kit.

Riders found without this material during the inspection will have a penalty.

































Lycra clothes are not allowed.

It is mandatory to have a **mobile phone** with you, to be traced or to contact the organisation in case of problems during the race. During the briefing the race management will communicate the telephone number to contact in case of emergency and this number will also be shown on the number plate that each competitor has applied to their bike. It is also mandatory to record this number on your mobile phone, indicating it as "Trans Varaita Bike".

In case of accident, it is the duty of each competitor to provide assistance to the competitor in difficulty and, if necessary, to notify the emergency services using the number indicated. The competition management will reserve the right to penalize or disqualify competitors who do not comply with this rule, who may also incur the penal consequences associated with failure to provide assistance.

Art. 8 – Course of the days

The first day (24th August) the check-in and the race pack collection is scheduled from 9:00 am to 10:30 am, the welcome briefing it's schedule at 11:30 am, than the race will start with the prologue transfer. Once the prologue is over, riders will return to the paddock area for the assignment of the new race numbers and plate, which will remain the same until the end of the event.

The race will re-start again at 2:00 pm for the transfer of the first stage. Once complete it, we will return to the paddock area again for the afternoon activities. It will be possible to arrange the bike and helmet with the two lights (mandatory) necessary for the night stage and exchange first impressions waiting for the dinner.

At 7:30 pm riders will leave to reach the night stage which will be the same as the prologue with the addition of an urban part.

































The following days the meeting will be at 8:00 am in the paddock area with the briefing and the activation of timing chips. The various stages will have 1, 2 or 3 PS per day. In all transfers there will be food stations with mineral salts, water and food. At the end of each stage you will have lunch and the awards ceremony of the day.

The final awards ceremony and party will take place on the last day at approximately 3:00 pm.

Art. 9 – Timing

The timing will be carried out with the SPORTident system (used for the EWS). Competitors will start at one-minute intervals and will be responsible for the device for the entire duration of the event. The loss of the chip, for any reason, will result in full compensation of the cost of the chip equal to \in 50 (to be deposited at sign in).

Art. 10 – The course/environment

The competition takes place on a marked track, mainly downhill, with sections pedalled in a medium / high altitude environment (for a substantial part of the route above 2500m).

The PS are marked with start and end signs, direction and danger indications, in order to guarantee maximum information on any "technical" points of the route.

Cutting taped sections of the track will result in immediate disqualification. In the event that a competitor get out to the track unintentionally, he's obliged to re-enter on the trails in the same point and restore the tape, otherwise he risks the penalty of immediate disqualification. To avoid any cuts along the route, some control points may be provided. In the stretches of open field or where it is possible to cut the path, "gates" will be installed. These must be crossed, under penalty of disqualification. These "gates" will be patrolled by marshals who will check the transit of all competitors.























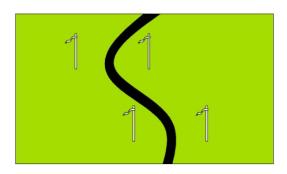












In order to ensure maximum safety, there will be some marshals along each PS to ensure coverage of the trail. The marshals present on the route perform the only function of increasing safety and guaranteeing rapidity in providing assistance. They are not required to give directions on the route.

The presence of medical personnel for first aid and radio control points will also be provided. It is forbidden to make changes to the course by competitors before and during the competition. The organisation reserves the right to modify the track in the case of bad weather and, in any other case, to ensure the safety of the competition.

It is forbidden to be transported, pushed or pulled by motor vehicles during transfers. Any transgression implies immediate disqualification.

SPECIAL STAGES (PS):

The special stages will be secret for all competitors. The data relating to km and elevation gain will be available on the website: www.transvaraitabike.com the evening before the race and will be contained in the race book delivered at sign in.

The participants will cover the track one at a time and the start will take place with one minute intervals for the first 20 athletes, 30 seconds from the 21st one. The departure from the paddock area will be mass-start. At the discretion of the organisation, it is possible to change the time intervals between the riders departing for the special stages.

































To allow rescuers to reach any injured competitor along the race track, this can also be suspended, or cancelled, with the competitors who will pass, but they will not be timed. Or the track will be changed with appropriate indications from the race managers to reach the end of the race.

Art. 11 – Weather conditions

The race will take place in all weather conditions. In the event of major weather phenomena (strong storms, fog, etc.), the organisation reserves the right to make changes to the track even at the last minute in order to eliminate any dangers or conditions of severe discomfort for the participants. Any changes will be communicated to the participants and reported by the staff. The new **METEO MONVISO** system will be active for athletes, which can be consulted for approaching the race.

Art. 12 – Safety/medical assistance

On the course, at the start, at the arrival of the timed trials and in the most dangerous points of the course, there will be marshals ready to lend help and call for help.

There will be a professional rescue team made up of 6 people, including a doctor, a nurse and 2 4×4 vehicles for medical assistance.

GPS tracker and a complete Race Book will be provided via the Whatsapp group. It is mandatory to use a GPS device with the tracks loaded. However, the transfers will be partially marked (arrows at the crossroads).

Art. 13 – Food stations/meals

Along the transfers, between the special stages, there will be food stations, sweet and salt food, water and mineral salts. Each transfer has 1 food station or more.

At the end of each stage there is a meal included in the registration fee (welcome breakfast and dinner on the first day and lunch on the remaining days. The happy hour of the second day it's also included).

































Art. 14 – Maximum times

Transit at the start of the special stages is considered as a crossing point. These stations are open for 1 hour and 15 minutes after the departure of the first competitor. In the event of an accident involving the temporary suspension of the competition, the closing time will be delayed by the time of suspension. Transit within 15 minutes of closing will be counted as a delay. Beyond this time, the athlete will be disqualified.

If a competitor does not finish a day of competition, he can, if he wishes, participate in the following stages, being included in the daily ranking, but not in the general one.

Art. 15 – Changes to the route, race times or cancellation of stages

At the discretion of the organisation, it is possible to change the route and to decide for the partial or total cancellation of stages or individual trials. The organisation may modify the start times of the stages and PS for external reasons, without this entailing any right to refund the registration fee.

Art. 16 – Withdrawal of competitors

Each competitor who withdraws from the event is required to notify the race management. Competitors who retire must join the race staff, and in any case remove the number plate from the bicycle or cross the number with an X.

Art. 17- Race pack and prizes

Each athlete will have, upon sign up, a race pack containing technical products and food, made available by the sponsors.

At the end of each day, the competitor who is ranked 1st in the overall standings will be assigned the leader's jersey and he must wear it the following day under penalty of disqualification.

At the end of the 4 days they will be rewarded with technical and food products:

































- The first 10 classified of the overall;
- The first 5 women:

The winner of the overall ranking will be awarded with a voucher for free registration to the next edition. This prize is not transferable.

There may be special prizes for the winners of the individual stages, special stages or for particular merits.

Categories:

Participants will be classified in a Overall and women category. The classification will be the result of the total time of all the special stages.

The awards ceremony will be at The Rifugio Melezè of Bellino at 3:00 pm on Sunday 24th August 2023.

Art. 18 – Penalties

Each athlete may, at the only discretion of the competition organization, be disqualified if even one of the following situations occurs:

- Cutting of the marked route, or failure to pass a control point;
- Lack of required mandatory material (penalty or disqualification will be at the discretion of the competition judges);
- Leaving any type of waste on the track, outside the areas used for refreshments;
- Insults or threats to organisers or volunteers;
- Use of means of transport in the race;
- Failure to help a competitor in difficulty.

Athletes who pass beyond the opening time of the special stage (1h and 15 minutes after the start of the first competitor) and within 1 hour 30 minutes will suffer a delay equal to one minute of passage beyond the opening time of the stage. The passage beyond 1h and 30 minutes from the opening of the PS will result in disqualification.

































Art. 19 – Image rights

By completing the registration:

- competitors authorise the organisation to use for free, without territorial and time limits, images, both fixed and in motion, of themselves participating in the event;
- Each competitor expressly renounces to make use of the rights to the image during the stage as well as to any recourse and/or action, in any location, against the organisation, its members and its authorised partners, for the use of its image.

Art. 20 – Disclaimer of Liability

Participation takes place under the full responsibility of the competitors who, by registering, exonerate the organisers from any liability, both civil and criminal, for damage to persons and/or property caused or derived by them and for further consequences that occur following the race.

At the time of online registration, in order to complete the registration, the rider signs a release of liability.

Participants undertake to respect the rules laid down by the Highway Code.

Art. 21 – Privacy and personal data information

The data provided will be used only for the activities contextual to your registration and for commercial purposes on the products of the sponsoring brands of the event. This includes the possibility that they can be communicated to people involved in the organisation of the event.

However, the data will not be disclosed to third parties. The authorisation to process data can be revoked at any time - in this case we ask you to notify us by email at the following address info@transvaraitabike.com

































Brossasco, 10/11/2022

This document may be subject to changes and additions at the discretion of the organisation.













